

# Healing Holidays- Making Your Grief Count

Grief during the Holidays is always challenging, and even more so in this past year. The season of the holidays renews memories, family ties, and traditions. We become painfully aware that our loved one is no longer present. Learning to navigate a changing world combined with the sorrow of our loss causes us to grieve on many levels. How do we allow ourselves in these times to “make our grief count” and find our resilience?

These workshops will help participants learn self care and coping skills to prepare for the holidays. This will help families to embrace their grief, while strengthening characteristics of resilience. Participants will use the holidays to discover how their loved one can live on into their life story, using this special time to continue to heal.

## October 9, 2024

Wednesday, 10:00am-11:30am  
**St. Thomas More Catholic Church**  
4411 Moana Drive, San Antonio, TX 78218  
Presenter: Molly O’Phelan, PhD, RN, LMFT  
Contact: Church Office, 210-655-5070

## October 18, 2024

Friday, 10:30am-12:30pm  
**St. Dominic Catholic Church (Molchan Hall)**  
5919 Ingram Road, San Antonio, TX 78228  
Presenter: Cindy Libera, Stephen Minister Leader  
Contact: Esther De La Garza, 210-771-8690

## October 22, 2024

Tuesday, 6:30pm-8:00pm  
**St. Luke Catholic Church (Room 211)**  
4603 Manitou Drive, San Antonio, TX 78228  
Presenter: Cindy Libera, Stephen Minister Leader  
Contact: Church Office, 210-433-2777

## October 26, 2024

Saturday, 11:00am-12:30pm  
**Law Offices of Carol Bertsch—LGBTQ+**  
8703 Broadway, San Antonio, TX 78217  
Presenter: Darwin Huartson, M.Div., BCC  
Contact: Karen Vaught, 210-867-8283 or  
kavaught54@gmail.com

## October 30, 2024

Wednesday, 5:30pm-7:00pm  
**St. Philip of Jesus Catholic Church**  
142 E. Lambert Street, San Antonio, TX 78204  
Presenter: Mary Bridget Hunter, MA  
Contact: Mary Toscano, 210-392-9695

## November 1, 2024

Friday, 10:00am-11:30pm  
**Alamo Heights United Methodist Church  
(Room W100)**  
825 E. Basse Road, San Antonio, TX 78209  
Presenter: John Hornsby  
Contact: Leah Jayne, 210-826-3215 ext. 111

## November 2, 2024

Saturday, 10:00am-11:30am  
**Bio Bridge Global**  
Donor Pavilion off First Park Ten Blvd.  
6211 IH 10 West, San Antonio, TX 78201  
Presenter: Susan Smith, MS  
Contact: Susan Smith, 210-757-9248

## November 3, 2024

Sunday, 3:30pm-5:00pm  
**University Methodist Church**  
5084 De Zavala Road, San Antonio, TX 78249  
Presenter: Julie Magadance, LPC  
Contact: Melissa Supak, 210-696-1033

## November 6, 2024

Wednesday, 1:30pm-3:00pm  
**Christ Episcopal Church**  
501 Belknap Place, San Antonio, TX 78212  
Presenter: Molly O’Phelan, PhD, RN, LMFT  
Contact: Karen Von Der Bruegge, 210-736-3132

## November 6, 2024

Wednesday, 7:00pm-8:30pm  
**St. Matthew Catholic Church**  
Room 104, Monsignor McDonald Family Center  
10703 Wurzbach Road, San Antonio, TX 78230  
Presenter: Bruce Orey, Grief Minister  
Contact: Church Office, 210-478-5036

Porter Loring Mortuaries & Cremation Services offers these workshops free of charge throughout the community and you are invited to attend one that is convenient for you. Please see back side for additional workshops being offered.



**November 9, 2024**

Saturday, 1:00pm-2:30pm

**Mission San Juan Capistrano Catholic Church**  
**English**

9006 Villa Main, Slattery Hall, San Antonio, TX 78214  
Presenter: Cynthia Suarez, MA, LPC  
Contact: Yrma Marquez, 210-532-2806

**November 9, 2024**

Saturday, 3:00pm-4:30pm

**Mission San Juan Capistrano Catholic Church**  
**Spanish**

9006 Villa Main, Slattery Hall, San Antonio, TX 78214  
Presenter: Cynthia Suarez, MA, LPC  
Contact: Yrma Marquez, 210-532-2806

**November 10, 2024**

Sunday, 2:00pm-4:00pm

**Emanuel's Lutheran Church**

206 North Travis Street, Seguin, TX 78155  
Presenter: Darwin Huartson, M.Div., BCC  
Contact: Donna Simmons, 830-556-3542

**November 12, 2024**

Tuesday, 10:00am-11:30am

**Triumphant Lutheran Church**

21315 Bat Cave Road, San Antonio, TX 78266  
Presenter: John Hornsby  
Contact: Carol Snyder, 210-317-3287

**November 13, 2024**

Wednesday, 6:30pm-8:00pm

**Calvary Baptist Church**

6142 FM 78, San Antonio, TX 78244  
Presenter: Mary Bridget Hunter, MA  
Contact: Weenonah Chambers, 210-222-1541

**November 16, 2024**

Saturday, 1:00pm-2:30pm

**Metropolitan Community Church—LGBTQ+**

611 East Myrtle Street, San Antonio, TX 78212  
Presenter: Darwin Huartson, M.Div., BCC  
Contact: Doyle Ray Bridger, 210-710-4154 or  
doyle raybridger65@gmail.com

**November 16, 2024**

Saturday, 10:00am-11:30am

**St. John Neuman Catholic Church**

6680 Crestway Drive, San Antonio, TX 78239  
Presenter: Susan Smith, MS  
Contact: Maggie Medina, 210-602-1633

**November 16, 2024**

Saturday, 10:00am-11:30am

**Abiding Presence Lutheran Church**

14700 San Pedro, San Antonio, TX 78232  
Presenter: Julie Magadance, LPC  
Contact: Pastor Heather Hansen, 210-317-8509 or  
Heatherh@apl.org

**November 18, 2024**

Monday, 6:00pm-7:30pm

**St. Andrew's Church and School**

722 Robinhood Place, San Antonio, TX 78209  
Presenter: John Hornsby  
Contact: Dana Hawkes, 210-824-2465

**November 21, 2024**

Thursday, 4:30pm-6:00pm

**MacArthur Park Lutheran Church**

2903 Nacogdoches Road, San Antonio, TX 78217  
Presenter: Mary Bridget Hunter, MA  
Contact: Church Office, 210-824-7135

**November 21, 2024**

Thursday, 7:00pm-8:30pm

**Our Lady of Perpetual Help Catholic Church**

16075 North Evans Rd., Selma, TX 78154  
Presenter: Monica Ellis, MA  
Contact: Sister Leonita, 210-651-6913

**December 4, 2024**

Wednesday, 9:30am-11:00am

**Elvira Cisneros Senior Center**

**Spanish**

517 SW Military Drive, San Antonio, TX 78221  
Presenter: Cindy Robles, BS  
Contact: Cindy Robles, 210-254-1489

**December 6, 2024**

Friday, 7:00pm-8:30pm

**Angel of Hope Candlelight Vigil**

**Angel of Hope Statue at Univ. of the Incarnate Word**  
4301 Broadway, San Antonio, TX 78209

**December 12, 2024**

Thursday, 6:30pm-8:00pm

**Pride Center San Antonio**

**LGBTQ+**

1303 McCullough, Suite 160, San Antonio, TX 78212  
Presenter: Darwin Huartson, M.Div., BCC  
Contact: Brett Bonney, 210-310-4360 or  
brettbonney@gmail.com