

REGISTRATION FORM

Event Dates: March 24-27, 2019

Name: _____

Address: _____

City: _____ State: ___ Zip: _____

Phone:(cell) _____

Phone:(other) _____

E-mail: _____

Sex: Male ___ Female ___ Laity ___ Clergy ___

Local Church: _____

Denomination: _____

*Need assistance with translation _____

Early Registration, by **October 25, 2018**

Single Room \$375 Double Room \$300

Regular Registration, by **January 25, 2019**

Single Room \$400 Double Room \$325

After January 25, 2019

Single Room \$425 Double Room \$350

Limited Double Rooms Available

Non-refundable cancellation fee - \$50

Please attach a short statement about why you are attending. This will be used to create covenant groups.

Physician-restricted diet? Yes ___

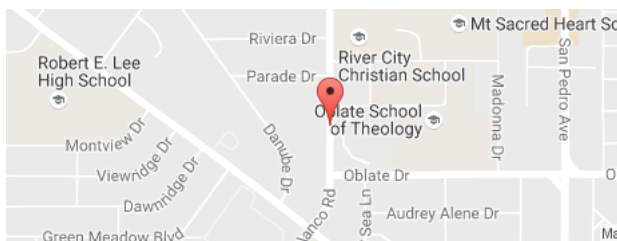
Physical access needs? Yes ___

Make checks out to **Rio Texas Conference** and note **Taste of the Academy** on your check. Please return this form, your accompanying statement, and payment to:

Paula Long, Registrar
109 Sunflower Lane
San Antonio, Texas 78213

What is the Five-Day Academy®

The Five-Day Academy for Spiritual Formation is a program of Upper Room® Ministries, providing an opportunity for clergy and laity to draw close to a loving God through a daily rhythm of prayer, worship, learning, and reflection. Each day includes teachings by gifted spiritual leaders to deepen our walk with God, periods of silence, morning and evening prayer, Eucharist, and an opportunity to share with and encourage one another. We will experience a "taste" of this spiritual program.



Oblate Renewal Center is 1 mile inside Loop 410, (going south on Blanco) **5700 Blanco Rd.** only 10 minutes from the airport. Turn left at the entrance.

ACADEMY LEADERSHIP TEAM

Paula Long, Retreat Leader

plongnpt@gmail.com

Judy Baumann, Covenant Group Leader

jrushit@yahoo.com

Donna Strieb, Worship Leader

dstrieb@abumc.org

Mark Moeller, Theologian/Asst. Worship Leader

mark@fbcrichmond.net

Lynne Foreman, Hospitality

mzlaforeman@gmail.com

Annette Paulin, Musician

ampaulin@grandecom.net

**The Academy
for
Spiritual
Formation
presents**



A Taste of the Academy 2019

A spiritual formation renewal program of THE UPPER ROOM®, offered by the Academy Council for Spiritual Formation, South Texas

**Transforming
Thresholds of
Heart and Mind:
A Four Gospel
Journey**

Guest Presenter:

Dr. Alexander John Shaia

**Sunday, March 24, 3:00 pm to
Wednesday, March 27, Noon p.m.**

Oblate Renewal Center
5700 Blanco Road, San Antonio, Texas
210-349-4173

Our Schedule...

For a *Taste of the Academy 2019*, we have adapted the schedule of the Upper Room's Academy for Spiritual Formation to follow a rhythm along the lines and spirit of a Benedictine pattern. Our time will be marked by elements of worship, rest/free time, study, silence, and community time.

Sunday, March 24

3:00-5:00 pm Arrival & Check-in
5:15-6:00 Eucharist
6:00-6:45 Dinner
6:45-7:45 Welcome & Orientation
8:00-9:00 Covenant Groups
9:15 Night Prayer
Great Silence until Morning Prayer

Monday, March 25 and Tuesday, March 26

7:30-8:00am Morning Prayer
8:00 Breakfast
9:00-10:00 Presentation I
10:00-11:00 Silent Reflection
11:00-11:30 Plenary Discussion
11:30-12:00 Community Time &
Midday Prayer
12:00pm Lunch & Free Time
2:30-3:30 Presentation II
3:30-4:30 Silent Reflection
4:30-5:00 Plenary Discussion
5:15-6:00 Eucharist
6:00 Dinner
6:45-7:30 Optional Time with Dr. Shaia
7:45-9:00 Covenant Groups
9:15 Night Prayer
Great Silence until Morning Prayer

Wednesday, March 27

7:30-8:00am Morning Prayer
8:00 Breakfast
8:45-11:00 Final Presentation
11:15 - 12:00 Eucharist
12:00 Lunch & Goodbye



Dr. Alexander John Shaia

holds a degree in Cultural Anthropology from the University of Notre Dame, a Master's Degree in Counseling Education, a Master's in Religious Educa-

tion, a graduate certificate in Pastoral Psychotherapy, and a Ph.D. in Clinical Psychology. His training includes time in Switzerland with Jungian analyst, and Sandplay Psychotherapy founder, Dora M. Kalff. After years of retreat ministry, private practice, teaching, leading trainings and study, and his continual life-long practice of prayer, Alexander moved in 2001 from his primary work as a psychologist, spiritual director, and liturgist, to being an author, widely sought teacher, trainer, and inspiring keynote speaker. He leads yearly pilgrimages on the Camino de Santiago in Spain. When not traveling, Alexander lives in Santa Fe, New Mexico. His website is www.quadratos.com.

Suggested Reading Prior to the Event

Heart and Mind: The Four Gospel Journey for Radical Transformation by Alexander John Shaia. ISBN 978-0-692-95186-6. Available on Amazon.com in paperback and Kindle editions.

What to Bring:

Bible, Personal Journal, Comfortable Casual Clothing, Jacket, Personal Items

Bed linens & towels are provided.

Our Focus...

As we journey through our lifetimes, we will come again and again to significant change points which challenge us in unique ways.

*Are you confronted with radical change(s)?
Has suffering laid claim to your heart's desires?
Have you been surprised by joy and new insights?
Are you wondering how to "live out" your joy in service to others?*

Building on the foundation of the four Gospel books, Dr. Alexander John Shaia will develop his insights into the Four Paths or Seasons of life's journey. We will study the Gospel text and discuss its applications to the shifting landscapes of our lives.

What surety can there be? How will crossing thresholds, whether sought or unwanted, transform our hearts and minds?

First delving into the mystery of the Gospel and then contemplating The Word in light of our past, present, and future life circumstances, we will find our more solid footing for navigating the terrain of our lives.

Scholarships

Some \$150 *Clergy Scholarships* are available through Methodist Healthcare Ministries and the Rio Texas Conference Wellness Program. Contact: Eve Albert - evealbert@riotexas.org, 210-408-4551 • 210-408-4490 Fax

Some \$150 *Laitry Scholarships* are available through the Academy Council. Contact: Rev. Donna Strieb - dstrieb@ahumc.org, 210-826-3215 .